



FREE Adult Education Courses

Ignite Sport, in partnership with Activate Learning, are pleased to offer courses fully funded to participants over the age of 19 who live in the counties of Oxfordshire, Surrey or Berkshire.

Qualifications are designed to encourage activity leaders to recognise health benefits and structure engaging and challenging sessions whilst developing simple transferable skills. Our online programme allows participants the flexibility to complete courses in their own time. For groups of learners, we suggest a face-to-face kickstart workshop followed by a mixture of online and face to face.

Course duration is flexible. Average completion time 4-6 weeks.

Delivered in
partnership with
City of Oxford College



IGNITE
TRAINING

We offer a Level 2 certificate in 'Leading Health Related Activities' within a variety of courses:

Course	Suitable for
Player Parent	Develop your understanding of how to support your child on and off the pitch. Increase knowledge of the game, and learn how you can support in the development of technical, physical and mental skills for sport.
Active Wellbeing	Suitable for instructors and group leaders. Develop your skills, knowledge and competencies for activity leadership, technical coaching, nutrition to benefit health and wellbeing. This course is also delivered within businesses who are looking to nominate wellbeing champions and will qualify them to facilitate physical activity and wellbeing sessions in the workplace.
Step up in Coaching	For those who already hold coaching badges or are looking to break into coaching, this course provides the tools to create a positive impact in session planning, ideas and analysis.
Step Up in Coaching (Football)	Develop your coaching skills and ideas with this focussed programme to deliver high quality football coaching sessions. Learn practical ideas, develop holistic knowledge to support your team and develop your technical and physical training.
School Sport & PE	Develop your knowledge and skills to support curriculum coaching. Enhance your performance with support in planning, delivering and reviewing curriculum provision, observations, goal setting and practical skills.



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