

Weeks 1, 3 & 5 Timetable for Multisport

24 th – 28 th July 7 th – 11 th Aug 21 st – 25 th Aug	Monday	Tuesday	Wednesday	Thursday	Friday
8.45	Registration & Ignite Introduction	Registration & Ignite Introduction	Registration & Ignite Introduction	Registration & Ignite Introduction	Registration & Ignite Introduction
9.15	Ready Steady GO! We start the day with a FUN warm up session	Ready Steady GO! We start the day with a FUN warm up session	Ready Steady GO! We start the day with a FUN warm up session	Ready Steady GO! We start the day with a FUN warm up session	Ready Steady GO! We start the day with a FUN warm up session
9.30	Striking & Fielding (Cricket, Rounders, etc.)	Net & Wall Games (Tennis, Badminton, etc.)	Orienteering	Ultimate Frisbee (Invasion Game)	Children's Choice
10.30	Recharge with a well earned break, snack & drink	Recharge with a well earned break, snack & drink	Recharge with a well earned break, snack & drink	Recharge with a well earned break, snack & drink	Recharge with a well earned break, snack & drink
10.50	Tennis	Hockey	Rounders	Basketball	Athletics
12.00	Lunchtime & Free Play	Lunchtime & Free Play	Lunchtime & Free Play	Lunchtime & Free Play	Lunchtime & Free Play
1.00	Create (Scratch Art, Drawing, etc.)	Create (Scratch Art, Drawing, etc.)	Create (Scratch Art, Drawing, etc.)	Create (Scratch Art, Drawing, etc.)	Create (Scratch Art, Drawing, etc.)
2.00	Drinks Break	Drinks Break	Drinks Break	Drinks Break	Drinks Break
2.10	Football Fun!	Dodgeball	Music & Games	Netball	Tournament
2.50	De-brief & Prizes!	De-brief & Prizes!	De-brief & Prizes!	De-brief & Prizes!	De-brief & Prizes!
3pm until 4pm or 5pm	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!

ALL TIMETABLES ARE SUBJECT TO CHANGE AND ARE FOR GENERAL GUIDANCE ONLY



Weeks 2 & 4 Timetable for Multisport

31 st July – 4 th Aug 14 th Aug – 18 th Aug	Monday	Tuesday	Wednesday	Thursday	Friday
8.45	Registration & Ignite Introduction	Registration & Ignite Introduction	Registration & Ignite Introduction	Registration & Ignite Introduction	Registration & Ignite Introduction
9.15	Ready Steady GO! We start the day with a FUN warm up session	Ready Steady GO! We start the day with a FUN warm up session	Ready Steady GO! We start the day with a FUN warm up session	Ready Steady GO! We start the day with a FUN warm up session	Ready Steady GO! We start the day with a FUN warm up session
9.30	Ultimate Frisbee (Invasion Game)	Orienteering	Football Fun!	Quidditch	Children's Choice
10.30	Recharge with a well earned break, snack & drink	Recharge with a well earned break, snack & drink	Recharge with a well earned break, snack & drink	Recharge with a well earned break, snack & drink	Recharge with a well earned break, snack & drink
10.50	Dodge Ball	Rounders	Net & Wall Games (Tennis, Badminton, etc.)	Music & Games	Ignite Games (Based on the Olympics)
12.00	Lunchtime & Free Play	Lunchtime & Free Play	Lunchtime & Free Play	Lunchtime & Free Play	Lunchtime & Free Play
1.00	Create (Scratch Art, Drawing, etc.)	Create (Scratch Art, Drawing, etc.)	Create (Scratch Art, Drawing, etc.)	Create (Scratch Art, Drawing, etc.)	Create (Scratch Art, Drawing, etc.)
2.00	Drinks Break	Drinks Break	Drinks Break	Drinks Break	Drinks Break
2.10	Tennis	Basketball	Athletics	Hockey	Tournament
2.50	De-brief & Prizes!	De-brief & Prizes!	De-brief & Prizes!	De-brief & Prizes!	De-brief & Prizes!
3pm until 4pm or 5pm	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!	Extra Time Time to chill out after a busy day; Lego, Books, Colouring, Games, Toys, Free Play and more!

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